

# What is the NDIS?



The NDIS (National Disability Insurance Scheme) is a package of funding for people with a disability, to pay for their therapy appointments.

An NDIS "plan" will contain the clients "goals" that they are working towards, along with the ways that they will aim to achieve their goals. For example, they might plan to have physiotherapy appointments to help with their muscle tone. There are lots of different possible goals, and lots of different ways that clients will reach them.

A clients NDIS plan will list their goals along with how much money has been allocated to them to achieve their goals. As long as the client is spending their money towards achieving their goals, the NDIA (the agency) is happy.

NDIS plans usually last for 12 months. Once the client has run out of funding, they will not be able to receive any more until they have their next review - unless they ask for an early review.

To learn more about the NDIS, staff should complete the Online Worker Orientation Module  
<https://www.ndiscommission.gov.au/workers/training-course>

## How are accounts paid?

There are several ways that an NDIS client might pay for their invoices, but only two ways are available at Adelaide Hydrotherapy

### *Self-Managed*

The client manages their own NDIS plan. They will pay for all of their appointments out of their own pocket, and claim the money back from the NDIS themselves. Self-managed clients are to be treated the same as private paying clients, and they should pay for their appointments on the day.

### *Plan-Managed*

A third-party agency manages the NDIS plan for the client. We send an invoice directly to the third party for payment to be made via EFT. Payment will be deposited in to the bank account and will be receipted in the Nookal system by the manager once it has been paid.

The third way that NDIS plans are managed is by the NDIS Agency directly. These clients are referred to as "Agency Managed", and the business requests payment directly from the NDIS.

**Please note: Adelaide Hydrotherapy is not currently registered to provide services to Agency Managed clients.**